



The Garlic Press

January 2003

All BFC members are welcome to contribute to the Garlic Press. Please contact Shelly Thomas to submit your article contributions.

Remember - this is your newsletter!

Dates to Remember:

Orders Due - Tuesday, December 31, 2002

Distribution day - Tuesday, January 14, 2003

Order Reminders -

January orders can be dropped off to the co-op mailbox at: 821 Fairway Trails, Brighton, 48116

Northeast Orders

Dolores Johnson
5816 Oak Creek
Brighton, MI 48116
e-mail: doloressjohnson@hotmail.com

Outside Vendor Orders

Cynthia Scholes
6556 Barrie Circle
Brighton, MI 48114
e-mail: cdscho@comcast.net

Frontier Orders

Arlene Friskey
P.O. Box 111
Fenton, MI 43430
e-mail: Friskeycafe7@aol.com

Distribution News

Don't forget to sign your name on the sign in sheet when you arrive at distribution!

Message from A.M. Coordinator -

Thank you for your understanding and care during my "handicap" at December's distribution. Knowing that others take the time to show they care about each other makes our co-op special. And thank you to Laura Lang for picking up the Hebron's order. That was a great help.
- Cindy Damon.

January Northeast catalogs are available at the co-op mailbox and Cindy Damon's and Suzanne Radelt's homes.

Message from the P.M. Coordinator -

A grateful P.M. crew would like to thank Jim Brown and Tom Tengler for putting away the tables. Also, we do not need any more brown paper bags. The back room is overflowing. Thanks! - Chris Huxley

Vendor News

January Zingerman's Specials -

Rustic Round Loaf - \$2.99

Boxed Coffee cakes - Lemon Poppy Seed, Sour Cream cheese, Hot Cocoa, Tea & Honey.
Mixed Bag of Brownies (4 different kinds in a 4 pack).

Rosewood Cheese -

Gruyere Swiss, Hot Pepper Jack, CoJack Long Horn, Raw Milk Cheddar Sharp.

Ed's Breads -

Apple Cinnamon - \$3.50
Onion Rye - \$2.25
Honey Wheat - \$2.85

Please feel free to contact Cynthia Scholes at 810-220-4482 if you have any questions regarding any Outside Vendor products.

Frontier Products -

At this time Frontier Products is allowing us only one catalog. Let Arlene Taylor know if you'd like to look at the catalog or get an update on Frontier specials.

Wish List

Please note: when submitting wish list items, please include item number, product name, page number and if on sale. Any items missing this information will not be included on that month's wish list. This will

help simplify wish list entries. If a product comes only in case quantities, try to order at least ½ case. No guarantees, but this will increase your chances of receiving your product. Also, if 2 people order same type of product but different brands, the inputter has the option of consolidating the orders. Thanks for you co-operation! – Ed. ©

Wish List for January –

Northeast Co-op Wish List –

#10244 – Bulk Choc Chips Semiswt. – pg. 31
 #89852 – Amish Roll Butter – pg. 23
 #91012 – Horizon Choc Milk OG 32 oz. – pg. 25
 #97406 – Cascad. Peas OG 16 oz. – pg. 30
 *Note – the above wish list items were pulled from the December catalog.
 #90680 – Spectrum Spread Ess. Omega – pg. 5**
 #91682 – Natures Path Optimum Power Cereal – pg. 5**
 #40502 – ATF Cranberry Raspberry – pg. 5**
 #98044 – Food For Life Buns Burger Ezekiel – pg. 22
 #94956 – Boca Org. Vegan – pg. 23**
 #69594 – Rumford Baking Powder – pg. 26
 #55876 – Arrowhead Mills Flour Rice long brown OG – pg. 26
 #55862 – Arrowhead Mills Flour Buckwheat OG – pg. 26
 #30420 – Ak-Mak Crackers – pg. 37
 #94702 – Sfield Yog LF Punch/Rasp Squeeze OG – pg. 21
 #94700 – Sfield Yog LF Cherry Berry Squeeze OG – pg. 21
 #94462 – Jruslm Pita Whole Wheat, pg. 22
 #94762 – Berlin Cookie Spelt Raisin Oatmeal, pg. 22
 #97510 – Cascad California Blnd. OG, pg. 24
 #97602 – Cascad Corn Petite Sweet OG, pg. 24
 #99218 – Putney TortEggSpnchBT 3 chs, pg. 25
 #16866 – Hvally Cereal Raisin Brand Flks. OG, pg. 32
 #26252 – Hain Mayonaise Safflower Lite, pg. 34**
 #30420 – Newman Cookie Fig Newman LF, pg. 36
 #30042 – Hain Crackers Oyster FF, pg. 37

#70786 – Santa Applesauce 4 oz. OG, pg. 39**
 #59428 – Seasons Chips Pot Ripple 40% LF, pg. 48**
 #17412 – Hvally Soup Italian Minest FF, pg. 49**

**** Indicates sale item.**

PRODUCE WISH LIST –

#16020 – bananas
 #23954 – tomatoes
 #26362 – Eggplant

OUTSIDE VENDOR WISH LIST –

#2066 – Rosewood Cheddar Goat Cheese

Members' Corner

The following is a reprint from last month's newsletter. Please re-read it and familiarize yourself with BFC's new website.

Brighton Food Co-op website –

Submitted by Jim Brown.

BFC now has a website! The address is www.brightonfoodcoop.org. If you have Internet access, you can use the website for a number of things:

- Check on upcoming order and distribution dates.
- Obtain the latest issue of "The Garlic Press" newsletter. Archive issues will also be available.
- Look up phone numbers and e-mail addresses of BFC officers and other members.
- Obtain printable copies of Northeast Co-op and Outside Vendor order forms.
- Download order forms based on two popular spreadsheet software programs (Microsoft Excel, Corel Quattro Pro). After entering your order information into the spreadsheet, you simply save it as a web page, and then send it to the batcher as an e-mail attachment. The web page

(html file) takes up very little room, is immune to any kind of virus, and prints out as a neat, easy-to read table.

- Check the latest Wish List to see what other members want to order.
- Post messages on the Bulletin Board to discuss Wish List items, services you'd like to see provided, food politics, recipes, or any other topic relevant to the membership. There's also a Chat Room where you can engage in real-time discussions with other online members or visitors.
- Obtain information about local vendors and their products.
- Read feature articles written or recommended by BFC members offering opinions or advice on health issues, food politics, environmental issues, etc.
- Link to other websites, which may be relevant to the BFC membership, including members' own home pages.
- Refer to the BFC Policy Handbook.

Possibilities for the future:

- Provide a "shopping cart" for members to place orders online at the website.
- Provide an online wish list where members can post and review wished for items directly at the website without having to exchange e-mail with anyone.

The website is still under construction and your patience is greatly appreciated. You'll probably see changes each time you visit. Please be sure to sign the guest book when you visit. Your feedback is a valuable tool to developing the BFC website!

Annual BFC Membership meeting –

Our annual membership/election meeting will be held on January 7, 2003 from 11:00 – 1:00 at The Fathers House Church, 1623 Old U.S. 23, Brighton (distribution site) in the back meeting room. This is a potluck luncheon so bring your favorite dish to pass, the recipe, your own eating utensils, plates and napkins. All BFC officers' positions are open for nomination. If you have a special skill and time available to devote to your co-op, now is the moment to toss your hat into the ring! If you are interested in a board position, call Linda Madden (734-327-5698) or e-mail (lmanaker@hotmail.com) her by December 31 and she will put your name on the ballot. Please consider stepping into a board position and make a positive difference within your co-op. Remember also, to bring your BFC Policy handbook with you. Please be prepared to pay your yearly dues at the meeting or by January 31, 2003. Dues this year will be a flat \$10 with no restrictions on the number of times you order.

BFC helping our community -

The Brighton Food Co-op has donated \$100.00 in Organic eggs to the Gleaners Community Food Bank of Livingston. The Gleaner's wish to express their thanks to BFC for the generous donation.

Child Care at Distribution? –

New BFC member Michele Aigner is looking into the need for childcare for our co-op members during distribution. Childcare would be on site and priced at an affordable cost. If you or your home schooled teen is interested in working at the child care or if you would like to place your child in the BFC child care please contact Michele at aigner17@cs.com.

Looking to lose weight in 2003?

Are you or someone you know desiring to lose some weight in 2003? You can with Shaklee's NEW Weight Loss Management Program available in January. The clinical tests and results are in. Many have lost 30-35 lbs. In 3 months. This safe, all natural system will sustain your energy, detoxify and cleanse your body, restore your metabolic balance and reduce cravings. For more information please call Cindy Damon at 517-546-7304.

Linda Morgan –

It saddens us to inform you that BFC member Linda Morgan's husband passed away recently. Our heartfelt sympathies go out to Linda and her family.

Baby on Board!

Congratulations to Tom and Terisa Tengler on the announcement of a new baby on the way. Although we don't have an exact due date, we're guessing sometime in the early summer. Take care of yourself, Terisa and good luck.

Holiday Greetings!

On behalf of the BFC board members, we'd like to wish everyone Christmas Blessings and a healthy and safe New Year! Thank you for being a valued member of the Brighton Food Co-op.

**BFC Officers**

President: Lisa Patton
(517) 546-9040
V. President: Linda Madden
(734) 327-5968
Treasurer: Joan Johnson
(517) 546-8561
Secretary: Janice Mehan
(248) 685-7235
A.M. Work Coordinator: Cindy Damon
(517) 546-7304
P.M. Work Coordinator: Chris Huxley
(248) 486-1523
Newsletter Editor: Shelly Thomas
(517) 545-0820

Home Workers

Outside Vendors: Cynthia Scholes
(810) 220-4482
Batcher: Dolores Johnson
(810) 227-1415
Batcher: Pamela Kerr
(810) 227-6562
Batcher: Sue Dick
(810) 632-7158
Frontier: Arlene Friskey
(810) 714-0275
Bookkeeper: Ellen Lafferty
(810) 227-5199
Syrup, Honey: Suzanne Radelt
(810) 231-9361
Webmaster: Jim Brown
(517) 546-4190



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