

It's Just Food!

Brighton Food Co-op Newsletter

Hello fellow Brighton Food Co-op Members!

I just bought a few items from Motave Meadows at the Howell Farmers Market. Always fresh and they are such friendly owners! They keep everything behind the counter in coolers so dont be fooled by their table which looks very nice with mostly photos of fresh produce. Check out their sign which indicates what they have in the coolers with prices.

Financial Information from the July 8, 2008 Distribution

| | |
|---------------------|------------|
| All Products total- | \$5,342.87 |
| Extras Table sold- | \$ 504.58 |
| Extras Left- | \$ 163.30 |

Congratulations to Susan Kataja and her husband for their marriage this month!
Hope your day was great ! ! !

For all **members who order Door to Door produce**: Make sure you email Janice Mechan, our Vice President with your order total for the distribution. That way she can get the information onto your Member Statement for the distribution. Her email address is: djmechan@comcast.net Thanks:) In case you did not know it, Door to Door will recycle your used boxes. Just bring them back at the next distribution and we can give them to the truck driver. It always feels good to recycle when you can. :)

My Favorite Things-Diane Brady

I love to buy the **dried cranberries** from UNFI. They are moist and taste very fresh on cereal, homemade trail mixes and in muffins and pancakes. My nephew loves them over vanilla ice cream with chocolate sauce over the top.

We also love the frozen fish. I buy cases of the **Henry & Lisa's Wild Alaskan Salmon** from UNFI in individually wrapped portions. They can be cooked in foil on the grill, on top of foil in the broiler or pan fried with a little water and a cover. I usually just add lemon juice and it tastes great for your fussy guests and can easy be made along with burgers or fish if that's all the kids like.

Note- We need you to email Diane dbramblewood@sbcglobal.net with your favorite things for the next Newsletter!

Next Distribution- Tuesday,  August 5, 2008
Initial UNFI Orders due Wednesday, July 23, 2008 9pm